

30 Day Devotional

by Todd Shupe, Christian Blogger



Overview

This 30-Day Devotional is intended for men that are seeking a closer walk with the risen Christ. I have tried to identify challenges and opportunities that are common to most if not all of us. Each day as you read the devotional, I encourage you to pray for those that may be struggling with the topic of the day and reach out to them as led by the Spirit. If you are struggling with the devotional topic, prayerfully consider who God has placed in your life to speak truth to you.

“The Lord bless you and keep you; The Lord make His face shine upon you, And be gracious to you; The Lord [a]lift up His countenance upon you, And give you peace” (Numbers 6:24-26).

Day 1 - Joy

Meditate: "Clap your hands, all you nations; shout to God with cries of joy" (Psalm 47:1 NIV).

Pray: Dear God, Thank you for the joy that comes when I follow you.

Reflect: What has God provided you that brings you joy?

Day 2 - Hatred

Meditate: "Love must be sincere. Hate what is evil; cling to what is good" (Romans 12:9 NIV).

Pray: Dear God, Help me to only hate what is evil.

Reflect: There is a place for hatred in the life of a Christian. What evil do you see and hate?

Day 3 - Nature

Meditate: "In his hand are the depths of the earth, and the mountain peaks belong to Him" (Psalm 95:4).

Pray: Dear God, Thank you for all the beauty that you have created in nature.

Reflect: Are you a good steward of our natural resources?

Day 4 - Small Groups

Meditate: "For where two or three gather in my name, there am I with them" (Matthew 18:20).

Pray: Dear God, Help me to discern what small group(s) I should join.

Reflect: Are you being called to join or lead a small group?

Day 5 - Racism

Meditate: "And He has made from one blood every nation of men to dwell on all the face of the earth" (Acts 17:26).

Pray: Dear God, Give me the courage and conviction to stand against racism of any kind.

Reflect: Are you being called to join or lead a small group?



Day 6 - Forgiveness

Meditate: "As far as the east is from the west, so far has He removed our transgressions from us (Psalm 103:12).

Pray: Dear God, Thank you for the forgiveness of sins that we have through Jesus.

Reflect: Do you forgive others as God has forgiven you?

Day 7 - Sickness

Meditate: "A cheerful heart is good medicine, but a crushed spirit dries up the bones" (Proverbs 17:22).

Pray: Dear God, Help me to seek you first in times of sickness.

Reflect: Are you nourishing yourself physically, mentally, and spiritually?

Day 8 - Spiritual Warfare

Meditate: "For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this darkworld and against the spiritual forces of evil in the heavenly realms" (Ephesians 6:12).

Pray: Dear God: Thank you for the Bible and the protection and wisdom it provides.

Reflect: Did you know that the Bible is the only offensive weapon in the Armor of God (Ephesians 6:10-18)?

Day 9 - Friends

Meditate: "A friend loves at all times, and a brother is born for a time of adversity" (Proverbs 17:17).

Pray: Dear God, What a friend we have in Jesus!

Reflect: Do you seek to make new friends when meeting new people?



Day 10 - Dating

Meditate: "Do not be yoked together with unbelievers" 2 Corinthians 6:14.

Pray: Dear God, Help me to practice healthy dating habits before and after marriage.

Reflect: Does your partner have a strong love for God?

Day 11 - Christian Action

Meditate: "In the same way, faith by itself, if it is not accompanied by action, is dead (James 2:17).

Pray: Dear God, Please help me discern how I can best show your light through my actions.

Reflect: How can I best use my talents in my church and community?

Day 12 - Neighbors

Meditate: "Love your neighbor as yourself" (Matthew 22:39).

Pray: Dear God, Thank you for my neighbors. I want to be a good neighbor.

Reflect: Have you shown God's love to your neighbors?

Day 13 - Faith

Meditate: "If you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you" (Matthew 17:20).

Pray: Dear God, Help me to practice healthy dating habits before and after marriage.

Reflect: Does your partner have a strong love for God?

Day 14 - Addiction

Meditate: "But when you are emptied, He will also provide a way out so that you can endure it" 1 Corinthians 10:13.

Pray: Dear God, Please help me endure until the way out is made clear to me.

Reflect: Do you have any hidden addictions?



Day 15 - Adversity

Meditate: “Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything (James 1:2-4).

Pray: Dear God, Pour out your Holy Spirit on me and draw me near in times of adversity.

Reflect: How has God strengthened you to endure past or present adversity?

Day 16 - Government

Meditate: “Let everyone be subject to the governing authorities, for there is no authority except that which God has established” (Romans 13:1).

Pray: Dear God, May all political leaders seek first your Kingdom and your righteousness.

Reflect: Do you pray for local and national political leaders?

Day 17 - Discipleship

Meditate: “Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost” (Matthew 28:19).

Pray: Dear God, Thank you for the joy that comes as your disciple.

Reflect: A disciple of Christ is actively involved in discipling others to follow Him.

Day 18 - Prayer

Meditate: “The effectual fervent prayer of a righteous man availeth much” (James 5:16).

Pray: Dear God, Thank you for always listening to prayers.

Reflect: Do you use prayer and listening to God before making major decisions?



Day 19 - Conflict

Meditate: “Everyone should be quick to listen, slow to speak, and slow to become angry” (James 1:19).

Pray: Dear God, I want to be quick to listen, slow to speak, and slow to become angry.

Reflect: Are you slow to become angry?

Day 20 - Christian Study

Meditate: “All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness” (2 Timothy 3:16).

Pray: Dear God, Thank you for revealing yourself through your Living Word.

Reflect: Do you take time each day to read and meditate on Holy Scripture?

Day 21 - Divorce

Meditate: “Indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.” (Romans 8:39).

Pray: Dear God, I am yours and you are mine. Nothing will separate us.

Reflect: If you have been divorced, prayerfully consider ministering to a recently divorced person.

Day 22 - Anxiety

Meditate: “Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus” (Philippians 4:6-7).

Pray: Dear God, My heart yearns to be still and know that you are God.

Reflect: Consider the beauty of the peace of God, which surpasses all understanding.



Day 23 - Loneliness

Meditate: "And surely I am with you always, to the very end of the age" (Matthew 28:20).

Pray: Dear God, Warm my heart with your presence when I feel alone and forgotten.

Reflect: How can you show God's love to widows in your neighborhood?

Day 24 - Children

Meditate: "And he said: "Truly I tell you, unless you change and become like little children, you will never enter the kingdom of heaven" (Matthew 18:3).

Pray: Dear God, I am your child and you are my Father.
Thank you for your love and grace.

Reflect: What does it mean to you to change and become like little children?

Day 25 - Marriage

Meditate: "Husbands love your wives, just as Christ loved the church and gave Himself up for her" (Ephesians 5:25).

Pray: Dear God, May all marriages be a Holy Covenant between the couple and You.

Reflect: Did you know that the church is the bride of Christ?



Day 26 - Family

Meditate: "Anyone who does not provide for their relatives, and especially for their own household, has denied the faith and is worse than an unbeliever." (1 Timothy 5:8).

Pray: Dear God, You are the Good Father and in you alone we trust.

Reflect: What have you done lately to bless your family?

Day 27 - Love

Meditate: “Anyone who does not provide for their relatives, and especially for their own household, has denied the faith and is worse than an unbeliever.” (1 Timothy 5:8).

Pray: Dear God, May all marriages be a Holy Covenant between the couple and You.

Reflect: Did you know that the church is the bride of Christ?

Day 28 - Salvation

Meditate: If you confess that Jesus is Lord and believe that God raised him from death, you will be saved” (Romans 10:9).

Pray: Dear God, Thank you for life everlasting and the forgiveness of sins.

Reflect: How does your salvation effect your day to day life?



Day 29 - Hope

Meditate: “But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint” (Isaiah 40:31).

Pray: Dear God, When it seems like we have nothing, we always have hope in you.

Reflect: Have you offered a kind word of hope to someone in crisis?

Day 30 - Work

Meditate: “Whatever you do, work at it with all your heart, as working for the Lord, not for human masters”

Pray: (Colossians 3:23).

Dear God, Help us to focus on you as we work in or outside our home.

Reflect: How are you comforted when you consider that all your work is for the Lord?

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About the Author:

Meditate:

Todd Shupe is the President of DrToddShupe.com and is a well recognized expert on wood-based housing and wood durability. Shupe worked as a professor and lab director at LSU for over 20 years. He is now a Vice President with Arnold Forest Products Corp. He is active in several ministries including his Christian blog ToddShupe.com. Todd is the President of the Baton Rouge District of United Methodist Men, Action Team Member of The Kingdom Group, Database Coordinator for Gulf South Men, and volunteer for the Walk to Emmaus, Grace Camp, Iron Sharpens Iron, Open Air Ministries, and HOPE Ministries food pantry. Todd is currently preparing to be a Men's Ministry Specialist through the General Commission of United Methodist Men and a Certified Lay Minister through the Louisiana Conference of the United Methodist Church.

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